

BE BRAVE WITH LANGUAGE

OUR LGBT+ CAMPAIGN GROUP WANT YOU TO KNOW...

GENDER IDENTITY GLOSSARY

AGAB

Stands for assigned gender at birth and refers to the label given to infants based on the appearance of their genitals. In almost all cases, they will be either AFAB (assigned female at birth) or AMAB (assigned male at birth). May also be referred to as ASAB, or assigned sex at birth.

AGENDER

A person with no connection to any gender identity, identifying instead as having no particular gender.

BIGENDER

A person who identifies with two genders simultaneously.

CISGENDER

A person whose gender identity matches the sex they were assigned at birth. Sometimes shortened to cis.

CISHET

A person who is both cisgender and heterosexual.

GENDER BINARY

A system which claims that there are only two genders, which must be opposite, distinct and separate.

GENDERFLUID

A person whose gender identity is not fixed and may identify with a mix of genders.

GNC

Stands for gender non-conforming and refers to behaviour or presentation that doesn't align with traditional expectations based on a person's gender.

GENDERQUEER

A person who doesn't identify as male or female. Also referred to as non-binary.

GENDER DYSPHORIA

The severe discomfort and disconnect a trans person feels with the gender they were assigned at birth. Dysphoria is not necessary to be trans, but many trans people experience it in some form.

INTERSEX

A person who is born with biological characteristics which differ from the expected characteristics of male or female.

MISGENDERING

Referring to someone as a different gender to the one which they identify with, e.g. calling a woman 'he' and addressing her as 'Mr' or 'sir'. Considered highly disrespectful.

MX

A gender neutral title, equivalent to Mr or Ms. Pronounced as mix or mux.

NON-BINARY

A person who does not identify as male or female. Also referred to as genderqueer and sometimes shortened to nb or enby.

QUEER

An umbrella term that can be used to refer to people of any LGBTQ+ identity. Because of its history of being used in a derogatory manner, some people dislike being referred to as queer.

QUESTIONING

A person who is unsure of their sexual orientation or gender identity.