Weekly Menn International Kitchen

Served Monday - Friday from 11.45am - 2.30pm Open until 3.00pm

Monday

Hot Sandwich

Tikka style chicken, in a warm flat bread served with a leaf salad & riata chutney

International Dish

Shepherd's pie, with root vegetable mash

Vegetarian Dish

Spinach & ricotta cannelloni

Street Food

Fried fish in lime, lemon grass & coconut

Tuesday

Hot Sandwich

Hot roast pork, with sage stuffing & rosemary crackling, in a baguette with apple sauce

International Dish

Smoked mackerel, with a lavender & lemon butter

Vegetarian Dish

Sweet potato & cardamom strudel

Street Food

Ginger & spring onion chicken

Wednesday

Hot Sandwich

Pan fried minute steak, with onions served in a flat bread, with gravy and horseradish

International Dish

Grilled gammon served with pineapple

Vegetarian Dish

Nut roast with a tomato & pepper jam

Street Food

Creole blackened salmon

Thursday

Hot Sandwich

Hot salmon pieces, served with lettuce, cucumber & a light lemon crème fraîche

International Dish

Beef & ale casserole with herb dumplings

Vegetarian Dish

Vegetable biryani

Street Food

Korean sesame beef stir fry

Friday

Hot Sandwich

Breaded chicken pieces served with salad, guacamole, sour cream & sweet chilli

International Dish

Crispy cod in home made light batter, with chips & mushy peas

Vegetarian Dish

Vegetable hot pot

Street Food

Thai sesame & chilli vegetables

